Traditional Cypriot games

- An activity carried out by the pupils of the G.C. School of Careers Elementary School

An activity of the Comenius Multilateral Partnership

"QUALITY OF LIFE"

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Traditional games on Tsiknopempti

- Tsiknopempti is the Thursday which is eleven days before Green Monday. All Orthodox Christians this day grill meat in order to eat it before the forty nine day fasting period starts for Easter. Moreover, this day is the official start of the carnival and that's why we apparel ourselves.

- This day, we also play traditional games.

Students from Year 4 wearing their carnival accessories

Avgodromies (rides with eggs)

- More than two children participate in this game. Children stand on a horizontal line and they bite the end of a spoon and then they place an egg on it. They set a finish line and they have to finish their ride without the egg falling down. If the egg falls, the player has to return to the start. The winner is the first person who manages to get to the finish.
- Tip: Use plastic eggs to avoid mess ☺

Avgodromies (rides with eggs)

STEPS:

1. Children get their spoons!!

Avgodromies (rides with eggs)

2. Children put the egg on their spoons and they stand in a line!

Avgodromies (rides with eggs)

5. The ride has just begun!

Avgodromies (rides with eggs)

6. Augodromia on progress.

Avgodromies (rides with eggs)

7. ... The winner is the boy who managed to finish first his ride keeping his egg on the spoon!

Avgodromies in action- Enjoy!

Sakulodromies (rides with bags)

- More than two children take part to this game. Children stand in a horizontal line and they wear BIG bags on their foot. Again, a finish line needs to be set. Players have to finish their ride until the end. If someone falls down, he/she can stand up and continue until the end. Children usually **hop** in order to finish first their ride.

Sakulodromies (rides with bags)

1. Children get into their bags.

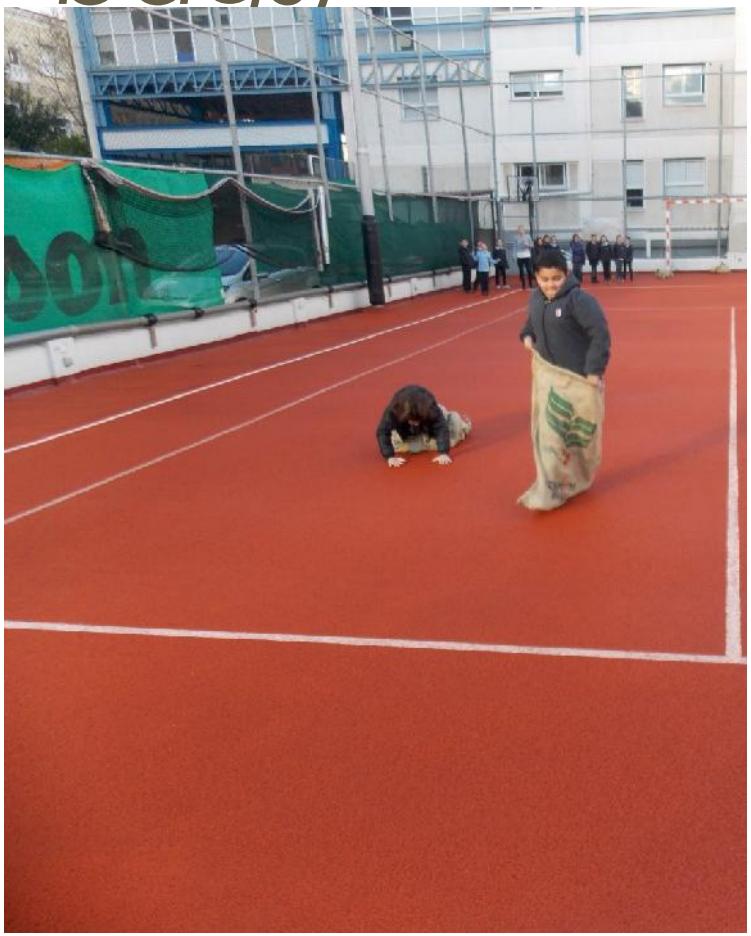
Sakulodromies (rides with bags)

2. Children get in a line.

Sakulodromies (rides with bags)

3. The ride has just begun!

Sakulodromies (rides with baas)



4. Andreas is the winner since he managed to finish first.

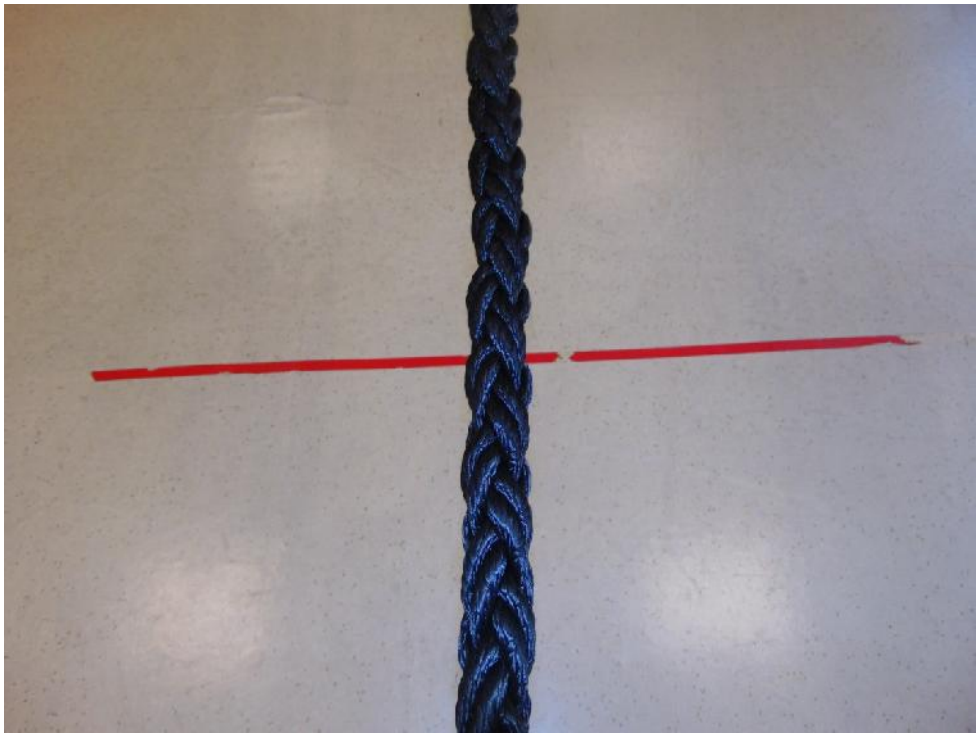
Sakulodromies Live!

And in slow motion to get the technique… ☺

Travigma Sxiniou (Rope pull)

- For this game you need two equal teams (same number of participants for each team). Take a long thick rope and mark it in the middle. Make a mark on the floor. Above the mark on the floor, place the middle of the rope. Each group holds the robe right and left from the marked sign which is on the robe. Players have to pull with all their strength on their side, so that the opponent group passes the marked line on the floor. The group that manages to pull the opponent group to their side and cross the marked sign that's on the floor, is the winner.

Travigma Sxoiniou (Rope pull)



The robe and the marked sign on the floor.

Travigma Sxoiniou (Rope pull)

The first group

Travigma Sxoiniou (Rope pull)

The second group…

Travigma Sxoiniou (video)

And another one video…

WE HOPE YOU WILL ENJOY PLAYING THESE GAMES!

HAVE FUN!

WITH LOVE FROM G.C. ELEMENTARY SCHOOL PUPILS!

Special thanks to our P.E. Teachers