

Section 1: Use of English

Tick (✓) the most appropriate way to complete each sentence:

- Let's order Chinese, _____ we?
 shall
 why don't
- He said that he rang the admissions office the previous day and asked _____ his application.
 if they had received
 whether they have received
- Both _____ whiskers were covered in chocolate.
 mice's
 mice
- Grandpa said we _____ fishing that week.
 were definitely going
 are definitely going
- The room was warm and cosy because the fire _____ all night.
 burnt
 had been burning

6. I need to print a single-page document. Have you got ____ paper?

a

some

7. I can't reach the top shelf. I wish I _____ taller.

were

am

8. We wish we _____ in the same city one day.

lived

would live

9. They left 20 minutes ago. They _____ by now.

have arrived

will have arrived

10. Our company is growing fast. We _____ 4 new employees this week.

have hired

hired

11. It's a sunny Saturday morning. Knowing your dad, he _____ his car now! Am I right?

is washing

will be washing

12. The new Principal, _____ we haven't met yet, is the author of 2 books we teach at school.

who

whom

13. I'll call you back as soon as I _____ .

will finish

finish

14. George's aunt is a vet, but she _____ at a boutique until she finds a job in her field.

works

is working

15. Thank you for contacting us. We look forward _____ your application.

to receive

to receiving

16. Mary promised she _____ pay the bill the following week.

will

would

17. By June 2028, your books _____ by our shop for thirty years.

will have been being sold

will have been sold

34 marks

Fill in the blanks using prepositions:

1. _____ Tuesday morning, I usually go _____ the library which is _____ the 6th floor of the main building.
2. Last night _____ 20:00 I was washing the dishes, while the children were watching a documentary _____ YouTube.
3. Sheila lives _____ Edinburgh, _____ 16, George Street.
4. She takes pride _____ her expressive writing.

8 marks

Complete the second sentence so that it has a similar meaning to the first one, using the word given. Do not change the word given.

1. No one can work for 12 hours without a break. (**capable**)

No one _____ for 12 hours without a break.

2. I hope you pass the third challenge of the game. (**succeed**)

I hope you _____ the third challenge of the game.

3. This is one of the most famous universities in the country. (**as**)

Very few universities _____ this.

4. If he had had his wallet, he would have paid for dinner. **(not)**

Unless he _____ for dinner.

5. Whose fault was the fire in the school yard? **(blame)**

Who _____ for the fire in the school yard?

6. Last year, we didn't have to wear a mask at all times. **(be)**

Last year, masks _____ at all times.

18 marks

Circle the word which means the opposite of the word in bold:

1. Even though he seemed confident, he was **conscious** of his incompetence.

(a) unaware (b) stressed (c) relaxed

2. I wish I had been told I'd be giving a speech! Now, I can only **improvise!**

(a) make do (b) sing (c) prepare

3. The Principal's suggestion faced **fierce** opposition.

(a) subtle (b) violent (c) cruel

4. Her smile fills my heart with joy. She's such a **bubbly** character.

(a) dull (b) lively (c) effervescent

5. This is **undoubtedly** the most beautiful bride I've ever seen.

(a) unquestionably (b) by far (c) questionably

10 marks

Read Ayla's email to Iris. Then using your own words, give the meaning of the words in bold.

Hi Iris,

I hope all is good with you! I was wondering if you still have the contact details of our university tutor in the research programme, as I need his advice. The other day, I was listening to an interview on the radio, which **(1) put a bug in my ears** to investigate how the law keeps up with advancements in technology. In the developed world, where people enjoy the **(2) privilege** of fast internet connection, youngsters **(3) get a kick out of** computer games and social media without realising that there is **(4) insufficient** protection of their rights by the law. This is a **(5) grey area** in the law, because technology- and especially social media- are constantly changing in a world where it takes too long for the law to catch up. Several organisations have officially expressed their concerns to the authorities, but their recommendations seem to **(6) have fallen on deaf ears**. **(7) Regardless** of this, I feel that parents and education have an important role to play in **(8) raising awareness** among young internet users, who should be taught to be **(9) alert** to the dangers of the internet. They should never share personal information or passwords with others, as there are too many **(10) wolves in sheep's clothing** out there!

I hope Dr. McDonald gives me guidance on how to approach this interesting topic in my research. Let me know if you find his email address.

Love,

Ayla

1		6	
2		7	
3		8	
4		9	
5		10	

End of Section 1

Total: 100 marks

30 marks

Section 2: Reading Comprehension

Read the article carefully, and answer all the questions that follow:

Adapted from:

bbc.com

health.clevelandclinic.org

nytimes.com

theguardian.com



WORKING FROM BED

The practice of Working From Bed –WFB- has a long and **glorious** history. American writer Truman Capote claimed he "couldn't think if he wasn't lying down". Louis XIV of France met with dozens of people each day from his bed at the palace of Versailles, and Prime Minister Winston Churchill dictated letters propped up on the pillows. **Eminent** Florence Nightingale spent nearly half a century **bed-ridden** yet developing hospital policy from her chamber. The Mexican painter Frida Kahlo, produced masterpieces in her bed.



Yet it still isn't considered as proper professional behaviour. People still hesitate to admit that they attend important meetings in their pyjamas!

According to a November 2020 study, 72% of 1,000 Americans **surveyed** said **they** had worked from their bed during the pandemic – a 50% increase since the start of the crisis. One in 10 reported they spent 24-to-40 hours or more of their workweek in bed. Young workers who are the least likely to have a proper desk and chair, and are twice as likely to work from bed than older workers. But WFB isn't just for lack of a proper chair – many simply **love the cosiness and ease** of the set-up. Online retailer Etsy said there has been a 606% increase in searches for laptop stands compared with last year and a 347% rise in laptop tray searches, the Times newspaper reported.

But the reality is that turning your bed into your office can cause a number of health problems, both mental and physical. And even if you don't notice them now, **adverse** effects – possibly permanent – could **emerge** later on in life.



Your neck, back, hips and more are all strained when you're on a soft surface that encourages you to slump or sprawl. Susan Hallbeck of Mayo Clinic points out that

young people, are particularly likely to fall victim to these bad habits, because they may not feel the strain of them right away. But the pain will flare up down the road. These **ailments** could include simple headaches, and could also extend to permanent stiffness in your back, as well as arthritis. Studying and completing homework from bed is also bad, and some studies suggest possible **hindrance** in physical development. “Anything is better than continuing the bad habit. Whenever you can stop, stop,” says Hallbeck.

She adds that it is crucial to roll up a pillow and stick it under your lower back, put pillows under your knees, if possible try to separate the display from your keyboard, and put the display at eye level or higher. Whatever you do, avoid lying on your stomach to type; it really strains your neck and elbows.



Experts say: it’s not good for your body, so it’s very important to vary your posture and support different parts of your body wherever possible. “Your setup should always make sure your head, arms and back are in the right, neutral position and

you should incorporate movement throughout your day, every 45-60 minutes.” says Dr. Bang.

A professional who cannot resist working from bed, suggests keeping your night stand clear of clutter and ensuring that you have a firm stop on work hours where you get out of bed and store your electronics in another room. For years, sleep experts have held one piece of common wisdom above all else: that devices have no place in the bedroom as this can further erode the boundaries between work and home, and disrupt your sleep cycle. What’s more, Doomscrolling – looking at a large quantity of unpleasant online news at once- or sending emails in bed, is bad sleep hygiene and can be damaging to our mental health as it increases anxiety, and causes sleep disorders such as insomnia. Working from your bed can rewire your brain to disassociate your bed with sleep, and reduce your concentration and productivity, a situation that can later lead to depression.



Working from bed for an extended period of time, can create a **vicious cycle**: disturbed nights, and body pain mean that you’re less likely to be productive, creative or focused, at work. This leads to more stress, and thus poorer quality of sleep, and longer working hours.

LEXICAL ANALYSIS

The cells on the left contain words from the passage, while the cells on the right contain their synonyms or definitions. Draw lines to connect the words to their meaning.

Note: The words on the left appear in bold and are underlined in the passage.

glorious	• delay
eminent	• prominent
hindrance	• illness
adverse	• disadvantageous
emerge	• illustrious
ailment	• become apparent
erode	• gradually destroy

21 marks

READING COMPREHENSION

1. According to the passage, the prominent people who used to work from their bed were:

Please tick (✓):

Profession	True	False
A king		
A writer		
A dictator		
A prime minister		
A pioneer in modern nursing		
A vet who specialized in treating birds		
An artist		

14 marks

2. According to the November 2020 study, **which group** of people is more likely to work from bed during the pandemic, and **why**?

Group: _____

Reason: _____

4 marks

3. For **what other** reasons do people prefer to work from bed?

(i) _____

(ii) _____

4 marks

4. **How** has work from home affected the search trends on Etsy?

(i) _____

(ii) _____

4 marks

5. State the adverse effects of WFB on **physical health**.

(i) _____

(ii) _____

(iii) _____

9 marks

6. State ways in which WFB has a negative impact on **mental health**.

- (i) _____
- (ii) _____
- (iii) _____

9 marks

7. **How** does WFB affect professional / academic **performance** in a negative manner?

- (i) _____
- (ii) _____

6 marks

8. **What** is the effect of doomscrolling in bed?

4 marks

SUMMARY

Imagine you are a secondary school teacher. You know that a number of your students complete HW or join online lessons from bed, and they don't seem willing to change this habit.

Write a paragraph of **no more than 120 words** giving them specific **advice** on how to control the damage WFB might have on them.

Use information from the passage.

Section 3: Composition

Write 120-180 words on ONE of the following topics:

- I. Write an **argumentative article** discussing the advantages and disadvantages of working long hours. Use the title:

All work and no play makes Jack a dull boy!

- II. Write a **letter** to your friend, describing in detail an experience which has taught you that no one is too small to make a difference.

Explain what happened and say how this experience has affected you.

- III. Write a **story** beginning or ending with the phrase:

He clamped his hand over my shoulder, stared straight into my eyes, and said in a calm but firm voice: 'Straighten up, wipe the tears away, and make the miracle happen'.
